Jesus invites you to enjoy His presence as you get to know Him more personally over a weekend of refreshing your body, mind, and soul

Come rest in the Shepherds arms



Come, kneel before the Lord our Maker, for he is our God. We are his sheep, and he is our Shepherd. Oh, that you would hear Him calling you today and come to Him!

Psalm 95:6-7

Retreat leader, Laurie Dahle has a heart for her Shepherd and loves to lead women in to a more intimate relationship with our Heavenly Father. She has a unique approach of involving women in the retreats that she has developed and leads. She invites the women to take an active part in every aspect of the retreat with a hands on approach to activities. She believes that this is the best way to gain a good understanding of Scripture. There are always exciting surprises to bring her teachings to life and enhance the retreat experience.

Laurie also has a passion for healthy living and incorporates this into the weekend retreat. She believes that every woman is capable of living a healthy lifestyle and it all begins with faith. Through her "I AM F.E.D." Ministry and Bible Study classes, she teaches women how to make simple changes to help them find more energy and use knowledge to empower them to live a healthier lifestyle.

Laurie is a Christian writer who has written several Bible studies, writes the Nugget of the Day devotionals and enjoys Christian speaking. Learn more through her website:

Faithexercisediet.com

The Lord is My Shepherd **Women's Retreat**

November 8-10, 2019 Check In Friday 5:00 p.m. Check Out Sunday 1:00 p.m.

LaSalle Retreat Center